

STOP PLAYING SOMEONE ELSE'S GAME

**The 8 Archetypes That Will
Unfuck Your Dating Life**

**A Revolutionary Guide for Men and Women
Ready to Find Real Connection**

www.lohadatingcoach.com

INTRODUCTION: WHY YOU'RE FAILING AT DATING (AND IT'S NOT YOUR FAULT)

Let me tell you about a pattern I've seen thousands of times as a dating and relationship coach.

Someone walks into a coffee shop for a first date. They've read all the books. Watched all the YouTube videos. Memorized the playbook—whether it's "be more alpha" for men or "embrace your feminine energy" for women.

The person across from them is attractive. Interesting. Everything they're looking for.

And it bombs. Hard.

Not because they weren't confident. Not because they didn't have good lines. But because they were playing a character. They were trying to be someone they weren't. And the other person could smell the inauthenticity from across the table.

Here's what nobody tells you—whether you're a man or a woman, straight or gay, looking for casual fun or serious commitment: **The reason you're failing at dating isn't because you're not good enough. It's because you're trying to be someone you're not.**

Every dating guru out there is selling you the same tired bullshit:

- "Be more alpha!"
- "Act mysterious!"
- "Play hard to get!"
- "Follow these exact steps!"

And you know what? That advice works... for about 5% of people. The people who are naturally wired that way.

For the rest of us? It's like trying to write with your non-dominant hand. Sure, you can do it. But it's awkward, exhausting, and everyone can tell something's off.

THE FORBIDDEN KNOWLEDGE THEY DON'T WANT YOU TO HAVE

Here's the truth that the dating industrial complex doesn't want you to know:

There are 8 different types of people when it comes to attraction. And each type has its own playbook.

Not 2 types (men and women).

Not 16 types (Myers-Briggs bullshit).

8 types. Based on your actual brain chemistry.

I'm talking about:

- The Mystic
- The Maiden
- The Queen
- The Huntress
- The Magician
- The Knight
- The Warrior
- The King

And here's the kicker: **A Huntress woman has more in common with a King man than she does with a Mystic woman.**

Your archetype isn't about your gender. It's about your neurochemistry—the specific balance of dopamine and serotonin that determines everything from how you flirt to what turns you on to why you keep attracting the wrong people.

WHY THIS GUIDE EXISTS

As a dating and relationship coach, I've spent years watching people struggle with the same problem: they're following advice that was never designed for them.

I've seen romantic, emotionally aware men told they need to be more "alpha" and dominant—only to lose their natural charm and become awkward caricatures.

I've seen strong, independent women told they need to be more "soft" and "feminine"—only to lose their authentic power and attract the wrong partners.

I've seen sensitive, creative souls told they need to be more "outgoing" and "exciting"—only to exhaust themselves performing a personality that isn't theirs.

Then I discovered the Loha archetype system, and everything clicked.

This wasn't another personality test or dating strategy. This was the missing piece of the puzzle—a framework based on actual neurochemistry that explains why certain people are magnetic to each other and why traditional dating advice fails most people.

The revelation: Your natural traits aren't weaknesses to overcome. They're superpowers to embrace.

But only when you're attracting people who are actually compatible with your wiring.

WHAT THIS BOOK WILL DO FOR YOU

This isn't another dating manual full of pickup lines and manipulation tactics.

This is a wake-up call.

In the next 10,000+ words, I'm going to show you:

Why all the other methods fail (and why you've been set up to fail from the start)

The 8 archetypes explained in plain English, no scientific jargon

How to identify YOUR archetype and stop pretending to be someone else

Who you're naturally magnetic to (and who will never be into you, no matter what you do)

Practical dating strategies that actually work for YOUR type

How to build real confidence by being MORE of who you are, not less

Why Loha Dating is the only platform that gets this shit right

This book is written in your face. Personal. Direct. Like I'm sitting across from you at a bar, telling you the truth nobody else will.

Because here's the thing: **You don't need to become someone else to be attractive. You need to become MORE of who you already are.**

And once you understand your archetype? Everything changes.

The dates get better. The chemistry gets real. The games stop. And you finally start attracting people who actually want YOU—not the character you've been performing.

THE PROMISE

By the end of this guide, you'll understand yourself better than you ever have. You'll know why certain people light you up and others leave you cold. You'll know what to say, how to act, and most importantly—how to stop wasting time on people who were never going to be into you anyway.

Whether you're a man or a woman, whether you're looking for casual dating or a life partner, whether you're straight, gay, bi, or anywhere on the spectrum—this system works. Because it's based on neurochemistry, not gender stereotypes.

And you'll know where to go to find people who are actually compatible with you: www.lohadatingcoach.com

That's where you can discover your exact archetype and get personalized advice from an AI that actually understands how attraction works.

But first, let me show you why everything you've been taught about dating is wrong.

Let's go.



CHAPTER 1: THE DATING ADVICE INDUSTRIAL COMPLEX (AND WHY IT'S FUCKING YOU OVER)

Let me ask you something: How much money have you spent on dating advice?

Books. Courses. Coaching. Apps. Subscriptions.

And how's that working out for you?

If you're reading this, I'm guessing not great.

Here's why: **The dating advice industry doesn't want you to succeed. They want you to keep buying.**

Think about it. If they actually solved your problem, you'd stop being a customer. So instead, they sell you incremental improvements. "Just try this ONE technique!" "Just read this ONE book!" "Just take this ONE course!"

And when it doesn't work? They blame you.

"You're not confident enough."

"You're not trying hard enough."

"You're not alpha enough."

Bullshit.

THE ONE-SIZE-FITS-ALL LIE

Here's the fundamental problem with 99% of dating advice:

It assumes there's one right way to attract people.

Be confident! (But what does that even mean?)

Be mysterious! (But also be authentic!)

Be a leader! (But also be a good listener!)

Be dominant! (But also be respectful!)

It's contradictory garbage that leaves you confused and paralyzed.

And you know why? Because they're trying to give universal advice for something that isn't universal.

Let me give you an example:

"Be more alpha" works great if you're a King or a Warrior. Those guys are naturally dominant, goal-oriented, leadership-focused. Telling them to "be more alpha" is like telling a fish to swim. It's what they already do.

But if you're a Magician or a Knight? Trying to "be more alpha" is like trying to speak a foreign language. You can do it, but it's exhausting, inauthentic, and everyone can tell you're faking it.

The advice isn't wrong. **It's just wrong for you.**

THE GENDER BINARY TRAP

Here's another massive problem with traditional dating advice:

It assumes men and women are fundamentally different species.

"Men are from Mars, women are from Venus."

"Men want sex, women want commitment."

"Men are logical, women are emotional."

This is lazy, outdated, heteronormative bullshit.

I know Huntress women who are more "alpha" than most King men. I know Magician men who are more emotionally intelligent than most Maiden women. I know Queens who are more ambitious than most Warriors.

Gender doesn't determine your dating style. Your neurochemistry does.

And when you try to force yourself into gender-based dating advice that doesn't match your actual wiring? You end up like I did—performing a character instead of being yourself.

THE MANIPULATION PLAYBOOK

Let's talk about pickup artists and "game."

Look, I get it. Some of those techniques work. Negging. Push-pull. Creating scarcity. Building mystery.

But here's the problem: **They're manipulation tactics designed to exploit psychological vulnerabilities.**

And even if they work in the short term? They don't create real connection. They create transactions.

You're not building a relationship. You're running a con.

And eventually? The mask slips. The real you comes out. And the person you manipulated into liking you realizes they don't actually like you at all.

Plus, let's be honest: **Most of us don't want to manipulate people.** We want real connection. Real chemistry. Real love.

The pickup artist playbook might get you laid. But it won't get you what you actually want.

THE SWIPE CULTURE NIGHTMARE

And then there's the apps.

Tinder. Bumble. Hinge. All of them designed to keep you swiping, not to help you find someone.

The algorithm doesn't want you to find your person and delete the app. It wants you addicted, frustrated, and paying for premium features.

So it shows you people who are:

- Just attractive enough to keep you interested

- Just incompatible enough to keep you single
- Just available enough to keep you swiping

It's a hamster wheel designed to extract money from your loneliness.

And the worst part? **It trains you to treat people like products.** Swipe left. Swipe right. Next. Next. Next.

You're not connecting with humans. You're shopping for accessories.

WHY RESPECTING WOMEN ISN'T WEAKNESS

Let me address something that fucked me up for years:

I was taught that respecting women was weakness. That being emotionally available was "beta." That caring about someone's feelings made me a "nice guy" who would finish last.

So I tried to be more detached. More aloof. More "alpha."

And you know what happened? **I became an asshole. And I hated myself.**

Here's the truth they don't tell you:

Respecting women and being emotionally aware is a superpower—if you're attracting the right type of woman.

A Mystic or a Maiden? She'll love your emotional depth and respect. That's what turns her on.

A Queen or a Huntress? She'll respect your strength and appreciate your emotional intelligence. That's what makes you stand out.

The problem isn't that you respect women. **The problem is that you're trying to attract women who aren't compatible with your archetype.**

THE REAL REASON YOU'RE FAILING

So let's cut through all the bullshit and get to the real reason you're failing at dating:

You don't know who you are. And you don't know who you're compatible with.

You're following advice designed for someone else's archetype. You're trying to attract people who aren't wired to be attracted to you. And you're performing a character instead of being yourself.

It's not your fault. The entire dating advice industry is designed to keep you confused and buying.

But it ends now.

Because once you understand your archetype? Everything changes.

You stop trying to be someone else. You start being MORE of who you are. And you start attracting people who actually want you.

Not the character. Not the performance. **You.**

And that's when dating stops being a nightmare and starts being fun.



CHAPTER 2: THE 8 ARCHETYPES (THE FORBIDDEN KNOWLEDGE)

Alright, let's get into it. The knowledge that will change your entire dating life.

There are 8 archetypes. Four female (Yin energy), four male (Yang energy).

But before you roll your eyes and think this is some gender essentialist bullshit—it's not. These archetypes are about energy expression, not genitals. A trans woman can be a Huntress. A non-binary person can be a Magician. A gay man can be a Knight.

This is about your brain chemistry, not your biology.

Your archetype is determined by two things:

Your dopamine/serotonin balance (your neurochemical signature)

Your energy expression (Yin/receptive or Yang/active)

And here's the beautiful thing: **Once you know your archetype, everything makes sense.**

Why you're attracted to certain people. Why certain dating advice never worked. Why you keep making the same mistakes. Why some relationships feel effortless and others feel like work.

Let me break down all 8 archetypes. Read them carefully. One of them is you.

THE FEMALE ARCHETYPES (YIN ENERGY)

THE MYSTIC: The Soft Power

Neurochemistry: High serotonin, low dopamine (SS)

The Vibe: Soft. Gentle. Deep. Spiritual. The woman who makes you feel safe just by being near her.

Physical Traits: Often strikingly beautiful in a soft, ethereal way. Tends toward a fuller, softer body type. Moves slowly and gracefully. Has a calming presence.

Personality: The Mystic is pure feminine energy. She's compassionate, caring, creative, artistic. She appreciates the simple life. She's the woman who makes you feel like you can be vulnerable. She's maternal without being mothering. She's deep without being dramatic.

Strengths: Creates emotional safety. Deeply intuitive. Naturally nurturing. Profoundly feminine. Loyal and devoted.

Challenges: Can struggle with boundaries. Sometimes has self-esteem issues. Prone to health problems. Can be too passive. Needs to learn to say no.

What She Needs: A partner who appreciates her depth and doesn't rush her. Someone who can protect her softness without exploiting it. Someone who values emotional connection over excitement.

What Turns Her On: Emotional depth. Gentleness. Protection. Spiritual connection. Being truly seen and understood.

What Turns Her Off: Aggression. Rushing. Superficiality. Emotional unavailability. Being treated as weak.

Dating Strategy: Stop trying to be more "dynamic" or "exciting." Your power is in your stillness. Create deep emotional connection quickly. Let your softness be your strength. Attract partners who want depth, not drama.

THE MAIDEN: The Wild Heart

Neurochemistry: High serotonin, high dopamine (SD)

The Vibe: Free-spirited. Authentic. Passionate. Expressive. The woman who makes you feel alive.

Physical Traits: Curvy and full-bodied. Naturally attractive. Moves with unselfconscious freedom. Has an energetic, vibrant presence.

Personality: The Maiden is the modern woman who's equally comfortable hanging with the boys and being soft and feminine. She's independent but not hardened. She's adventurous but emotionally aware. She's honest to a fault. She loves romance and poetry but also wants to climb mountains and have adventures.

Strengths: Authentic and real. Emotionally intelligent. Adventurous and fun. Balanced masculine and feminine energy. Great caretaker without losing herself.

Challenges: Can be dramatic. Sometimes too honest. Struggles with restraint. Can be seen as "too much." Needs freedom but also connection.

What She Needs: A partner who can match her energy and authenticity. Someone who appreciates her wildness without trying to tame it. Someone who can be both adventurous and romantic.

What Turns Her On: Authenticity. Adventure. Emotional honesty. Romance. Being truly seen for who she is. Freedom within commitment.

What Turns Her Off: Fakeness. Controlling behavior. Emotional games. Being put in a box. Partners who can't handle her intensity.

Dating Strategy: Stop trying to be more "refined" or "controlled." Your power is in your authenticity. Be honest about what you want. Share your real self. Attract partners who want real connection, not performance.

THE QUEEN: The Regal One

Neurochemistry: Low serotonin, high dopamine (DS)

The Vibe: Sophisticated. Refined. Commanding. Intelligent. The woman who knows her worth and expects you to recognize it.

Physical Traits: Often strikingly beautiful. Lean and elegant. Impeccable posture. Moves with deliberate grace. Has a commanding presence.

Personality: The Queen is independent, professional, strong-willed, and regal. She's often the "high-value woman" everyone talks about. She's socially aware, sophisticated, and knowledgeable. She values quality in all things. She can be the seductress when she wants to be. She's refined and skillful.

Strengths: High standards. Sophisticated and worldly. Socially intelligent. Strong personal integrity. Knows her worth. Refined taste.

Challenges: Can be perceived as cold or aloof. Sometimes self-absorbed. Perfectionist tendencies. Can be status-conscious. Struggles with being vulnerable.

What She Needs: A partner who can match her standards without trying to dominate her. Someone who appreciates quality and sophistication. Someone who can be both strong and

refined.

What Turns Her On: Excellence. Sophistication. Intelligence. Confidence. Being treated like royalty. Partners who rise to meet her standards.

What Turns Her Off: Mediocrity. Lack of ambition. Poor social skills. Emotional messiness. Partners who can't match her level.

Dating Strategy: Stop trying to be more "warm" or "approachable." Your power is in your standards. Don't apologize for knowing your worth. Create intrigue through selectivity. Attract partners who appreciate excellence, not accessibility.

THE HUNTRESS: The Fierce One

Neurochemistry: Low serotonin, low dopamine (DD)

The Vibe: Strong. Direct. Powerful. Independent. The woman who goes after what she wants and doesn't apologize.

Physical Traits: Strong and athletic. Muscular and powerful. Moves with purpose and confidence. Has a commanding physical presence.

Personality: The Huntress is the feminist archetype. She's strong-willed, independent, determined. She's focused on career and achievement. She's fair, honest, noble. She's an inspiration to others. She's not traditionally "soft and feminine" and she's okay with that. She's fierce in pursuit of her goals.

Strengths: Incredibly strong mentally and physically. Determined and focused. Natural leader. Advocates for causes. Inspiring to others. Honest and fair.

Challenges: Can be too hard on herself. Sometimes stubborn or controlling. Struggles with traditional femininity. Can be perceived as intimidating. Needs to learn acceptance.

What She Needs: A partner who can handle her strength without trying to diminish it. Someone who appreciates her power. Someone who can be strong without competing with her.

What Turns Her On: Strength. Confidence. Challenge. Shared intensity. Partners who don't back down. Being matched in power.

What Turns Her Off: Weakness. Passivity. Men who are intimidated by her. Partners who try to "tame" her. Emotional manipulation.

Dating Strategy: Stop trying to be more "soft" or "feminine." Your power is in your strength. Be direct about what you want. Create connection through challenge and shared intensity. Attract partners who want a powerful woman, not a delicate one.

THE MALE ARCHETYPES (YANG ENERGY)

THE MAGICIAN: The Perceptive One

Neurochemistry: High serotonin, low dopamine (SS)

The Vibe: Mysterious. Intuitive. Creative. Deep. The man who sees what others miss.

Physical Traits: Often wiry or lean. Moves with fluid grace. Has an observant, penetrating gaze. Presence is quiet but intense.

Personality: The Magician is intuitive, creative, unique, spiritual. He's highly intelligent, funny, innovative, analytical. He's an "old soul" who doesn't fit conventional male stereotypes. He's sensitive, empathic, compassionate. He's drawn to the depths and shadows. He develops his own powerful masculine identity through perception and insight.

Strengths: Deeply perceptive. Creative and innovative. Emotionally intelligent. Unique perspective. Comfortable with the unseen. Analytical and insightful.

Challenges: Can be seen as "not masculine enough." Sometimes socially withdrawn. Can struggle with conventional success. May have self-esteem issues early in life. Needs to forge his own path.

What He Needs: A partner who appreciates his depth and doesn't need him to be conventionally "alpha." Someone who values insight over dominance. Someone who can handle his intensity.

What Turns Him On: Depth. Mystery. Emotional connection. Intelligence. Partners who can see beneath the surface. Spiritual or creative connection.

What Turns Him Off: Superficiality. Conventional expectations. Partners who need him to be "more masculine." Emotional shallowness. Social performance.

Dating Strategy: Stop trying to be more "dominant" or "alpha." Your power is in your perception. Create intrigue through insight. Be mysterious without being distant. Attract partners who want depth, not dominance.

THE KNIGHT: The Romantic Warrior

Neurochemistry: High serotonin, high dopamine (SD)

The Vibe: Charming. Romantic. Chivalrous. Adventurous. The man who treats you like a queen and takes you on adventures.

Physical Traits: Often physically attractive and fit. Curvy and full-bodied. Moves with confident energy. Has a warm, engaging presence.

Personality: The Knight is charming, romantic, chivalrous. He's the "salt of the earth" guy who's good with his hands. He's extroverted and confident. He values health, fitness, self-development. He's entrepreneurial and success-driven when committed. He's emotional and passionate but grounded in competence. He's the guy who writes poetry and also fixes your car.

Strengths: Romantic and chivalrous. Competent and skilled. Emotionally aware. Adventurous and fun. Balanced masculine and feminine energy. Devoted and loyal.

Challenges: Can be too emotional. Sometimes struggles with being "alpha enough." Needs validation. Can be too focused on others. Struggles with modern dating expectations.

What He Needs: A partner who appreciates his romantic nature without seeing it as weakness. Someone who values emotional connection and adventure. Someone who wants to be treated well.

What Turns Him On: Appreciation. Emotional connection. Adventure. Romance. Partners who value his devotion. Being needed and wanted.

What Turns Him Off: Coldness. Lack of appreciation. Partners who see romance as weakness. Emotional unavailability. Being taken for granted.

Dating Strategy: Stop trying to be more "cool" or "aloof." Your power is in your warmth. Be romantic without apologizing. Plan adventures and gestures. Attract partners who want devotion, not detachment.

THE WARRIOR: The Accomplished One

Neurochemistry: Low serotonin, high dopamine (DS)

The Vibe: Sophisticated. Accomplished. Refined. Inspiring. The man who makes you want to level up.

Physical Traits: Lean and athletic. Excellent posture. Moves with refined confidence. Has a polished, accomplished presence.

Personality: The Warrior is the sophisticated alpha. He's accomplished, professional, refined. He's socially intelligent and worldly. He's well-traveled, educated, skilled. He's athletic and coordinated. He's the role model who inspires others. He values excellence and constantly refines his skills. He's competitive and status-seeking.

Strengths: Highly accomplished. Sophisticated and worldly. Socially skilled. Inspiring to others. Refined and polished. Excellent at what he does.

Challenges: Can be too focused on image. Sometimes sees everything as competition. Can be status-obsessed. Struggles with vulnerability. May prioritize achievement over connection.

What He Needs: A partner who appreciates his accomplishments without being intimidated. Someone who can match his sophistication. Someone who values excellence and growth.

What Turns Him On: Excellence. Sophistication. Intelligence. Ambition. Partners who challenge him. Shared pursuits and achievements.

What Turns Him Off: Mediocrity. Lack of ambition. Poor social skills. Partners who don't value growth. Emotional messiness.

Dating Strategy: Stop trying to be more "casual" or "laid-back." Your power is in your excellence. Showcase your accomplishments without apologizing. Create connection through shared pursuits. Attract partners who want excellence, not mediocrity.

THE KING: The Leader

Neurochemistry: Low serotonin, low dopamine (DD)

The Vibe: Commanding. Protective. Visionary. Powerful. The man who leads without asking permission.

Physical Traits: Muscular and powerful. Strong physical presence. Moves with natural authority. Commands attention without trying.

Personality: The King is the stereotypical "alpha male" done right. He's physically strong and mentally focused. He's solid, reliable, dependable. He's loyal to family and friends. He's hardworking and committed. He's a natural leader. He's fierce in battle for worthwhile causes. He seeks to elevate others. At his best, he's magnanimous and inspiring.

Strengths: Natural leader. Protective and loyal. Visionary and strategic. Physically and mentally strong. Inspiring and commanding. Creates and protects.

Challenges: Can be ego-driven. Sometimes emotionally immature. Can be too dominant. Workaholic tendencies. Struggles with collaboration. May prioritize achievement over relationships.

What He Needs: A partner who appreciates his leadership without needing to compete. Someone who can be strong without challenging his authority. Someone who values protection and vision.

What Turns Him On: Respect. Loyalty. Strength. Partners who follow his lead. Being needed and valued. Shared vision and goals.

What Turns Him Off: Disrespect. Disloyalty. Partners who constantly challenge him. Weakness. Lack of appreciation for his leadership.

Dating Strategy: Stop trying to be more "collaborative" or "egalitarian." Your power is in your leadership. Take charge without apologizing. Create vision and direction. Attract partners who want a leader, not a committee.

THE PATTERN YOU NEED TO SEE

Here's what you need to understand:

The archetypes aren't about being better or worse. They're about being different.

A Mystic isn't "less than" a Huntress. A Magician isn't "less than" a King. They're just different operating systems.

And here's the key: **You're attracted to people who have what you don't.**

High dopamine types (Knights, Huntresses, Warriors, Kings) are attracted to high serotonin types (Mystics, Maidens, Queens, Magicians). And vice versa.

Yang energy types are attracted to Yin energy types. And vice versa.

This is called polarity. And it's the secret to chemistry.

But we'll get into that in the next chapter.

COMMON ARCHETYPE CONFUSIONS (AND HOW TO AVOID THEM)

Let me address some common confusions people have when first learning about archetypes:

"I feel like I'm multiple archetypes!"

No, you're not. You have ONE dominant archetype. What you're experiencing is:

Different contexts bringing out different aspects of your personality

Learned behaviors that don't match your core wiring

Integration—you've developed some complementary traits through relationships

Your core archetype is the one that feels most natural, most effortless, most "you" when you're relaxed and authentic.

"I don't like my archetype!"

That's ego talking. You've been conditioned to value certain traits over others. A Magician might wish he was a King because society values dominance. A Huntress might wish she was a Mystic because she's been told to be more "feminine."

But here's the truth: Every archetype is powerful when fully embodied. Your archetype isn't a limitation—it's your superpower.

"Can my archetype change?"

No. Your neurochemistry is relatively stable throughout your life. What changes is:

How well you understand and embody your archetype

How much you've integrated complementary traits

How mature and developed you are within your archetype

A 20-year-old Knight and a 40-year-old Knight are both Knights. But the 40-year-old has more wisdom, integration, and mastery.

"What if I'm dating someone with the 'wrong' archetype?"

First, there's no absolutely "wrong" archetype. Some pairings are more challenging than others, but any combination can work with awareness and effort.

Second, if you're already in a relationship, understanding archetypes helps you work WITH your differences instead of against them. You learn to appreciate what your partner brings instead of trying to change them.

Third, if the relationship isn't working, archetypes give you clarity on why—and whether it's worth continuing.

HOW TO SPOT ARCHETYPES IN THE WILD

Once you understand the system, you'll start seeing archetypes everywhere. Here's how to spot them:

Physical Tells:

- Mystics and Magicians: Softer, fuller bodies; slower movements; gentle presence
- Maidens and Knights: Curvy, full-bodied; energetic movements; warm presence
- Queens and Warriors: Lean, athletic; controlled movements; polished presence
- Huntresses and Kings: Muscular, powerful; purposeful movements; commanding presence

Behavioral Tells:

- High serotonin types (Mystics, Maidens, Queens, Magicians): Thoughtful, meaning-oriented, emotionally focused
- High dopamine types (Knights, Huntresses, Warriors, Kings): Fast-paced, goal-oriented, action-focused
- Yin energy types (Mystics, Maidens, Queens, Huntresses): Receptive, containing, responsive
- Yang energy types (Magicians, Knights, Warriors, Kings): Active, initiating, projecting

Conversation Tells:

- Mystics: Deep questions, long pauses, emotional depth
- Maidens: Honest sharing, emotional expression, authentic stories
- Queens: Sophisticated topics, social awareness, refined language

- Huntresses: Direct statements, challenge, physical topics
- Magicians: Perceptive observations, creative ideas, philosophical questions
- Knights: Enthusiastic stories, protective statements, romantic gestures
- Warriors: Accomplishment sharing, skill demonstration, status awareness
- Kings: Decisive statements, leadership language, vision casting

Dating Profile Tells:

- Mystics: Spiritual, artistic, seeking deep connection
- Maidens: Adventurous, honest, seeking authenticity
- Queens: Sophisticated, accomplished, seeking excellence
- Huntresses: Strong, independent, seeking challenge
- Magicians: Creative, unique, seeking depth
- Knights: Romantic, active, seeking adventure and connection
- Warriors: Accomplished, worldly, seeking growth
- Kings: Confident, successful, seeking partnership

Practice spotting archetypes in your daily life. Watch people at coffee shops, observe friends, analyze celebrities. The more you practice, the better you'll get at recognizing patterns.

THE ARCHETYPE DEVELOPMENT STAGES

Each archetype goes through developmental stages. Understanding where you are helps you grow:

Stage 1: Unconscious

You don't know your archetype. You're trying to be what others expect. You're confused about why dating doesn't work.

Stage 2: Discovery

You learn your archetype. Everything clicks. You understand yourself for the first time. You're excited but still learning.

Stage 3: Acceptance

You accept your archetype, including the parts you don't like. You stop trying to be someone else. You start being more authentic.

Stage 4: Embodiment

You fully embody your archetype. It becomes natural, effortless. You're magnetic to compatible people. Dating becomes easier.

Stage 5: Integration

You maintain your core while developing complementary traits. You're flexible, mature, evolved. You're the best version of your archetype.

Stage 6: Mastery

You've mastered your archetype and integrated its opposite. You can access different energies when needed while maintaining your core. You're a fully developed human.

Most people are stuck in Stage 1 or 2. This book is designed to move you to Stage 3 and beyond.

For now, I want you to do something:

Figure out which archetype you are.

Read the descriptions again. Which one made you go "holy shit, that's me"?

Don't pick the one you wish you were. Pick the one you actually are.

Because once you know your archetype? Everything else falls into place.

And if you want to be absolutely sure? Go to www.lohadatingcoach.com and take the assessment. It's the only place that actually gets this shit right.

Trust me. This is the knowledge that changes everything.



CHAPTER 3: WHY YOU KEEP ATTRACTING THE WRONG PEOPLE (THE POLARITY PRINCIPLE)

Let me tell you about my friend Sarah.

Sarah is a Huntress. Strong, independent, career-focused, doesn't take shit from anyone. She's fucking amazing.

But she kept dating these weak, passive guys who she'd end up resenting. She'd complain: "Why can't I find a strong man? Why do I keep attracting these losers?"

Here's what I told her: **"You're not attracting weak men. You're attracting Magicians and Knights. And you're treating them like they're supposed to be Kings."**

Sarah's problem wasn't that she was attracting the wrong archetype. It's that she didn't understand what she actually needed.

She thought she wanted a King—someone as dominant and powerful as she was. But that's not how polarity works.

You're not attracted to people who are like you. You're attracted to people who complement you.

THE POLARITY PRINCIPLE

Here's the fundamental law of attraction that nobody talks about:

Attraction is created by difference, not similarity.

You've heard "opposites attract," right? Well, it's true. But not in the way you think.

It's not about extroverts dating introverts or neat freaks dating slobs. It's about neurochemical polarity.

High dopamine types are attracted to high serotonin types.

Yang energy types are attracted to Yin energy types.

Why? Because we're attracted to people who have what we lack. People who balance us out. People who make us feel complete.

A King (low serotonin, low dopamine, Yang) is naturally attracted to a Mystic (high serotonin, low dopamine, Yin). She has the emotional depth and peace he lacks. He has the drive and protection she needs.

A Warrior (low serotonin, high dopamine, Yang) is naturally attracted to a Maiden (high serotonin, high dopamine, Yin). She has the emotional authenticity and groundedness he lacks. He has the accomplishment and sophistication she appreciates.

This is polarity. And it's the secret to chemistry.

THE FOUR LEVELS OF POLARITY

Not all attraction is created equal. There are different levels of polarity, and they create different types of relationships:

HIGH POLARITY (Maximum Contrast)

This is when you're attracted to someone who's your complete opposite in both neurochemistry and energy.

Examples:

- King + Mystic
- Warrior + Maiden
- Huntress + Magician
- Queen + Knight

The Good: Intense chemistry. Powerful attraction. You feel complete with this person. The sex is incredible. You balance each other perfectly.

The Bad: Can be volatile. Requires work to understand each other. Easy to misunderstand. Can feel like you're from different planets.

The Reality: These relationships are the most intense and the most challenging. They require both people to be mature and willing to grow. But when they work? They're fucking magical.

MODERATE POLARITY (Balanced Contrast)

This is when you share one trait but differ in another.

Examples:

- Knight + Mystic (both high serotonin, different energy)
- Warrior + Queen (both low serotonin, different energy)
- King + Huntress (both low dopamine, different energy)
- Magician + Maiden (both high serotonin, different energy)

The Good: Good chemistry with less volatility. Easier to understand each other. More stable. Still exciting but more comfortable.

The Bad: Can lack the intensity of high polarity. May feel "safe" but not thrilling. Can become complacent.

The Reality: These relationships are the "sweet spot" for most people. Enough difference to create attraction, enough similarity to create understanding.

LOW POLARITY (Minimal Contrast)

This is when you're very similar in neurochemistry but different in energy.

Examples:

- Magician + Mystic (both SS, different energy)
- Knight + Maiden (both SD, different energy)
- Warrior + Queen (both DS, different energy)
- King + Huntress (both DD, different energy)

The Good: Deep understanding. Similar values and approaches. Easy communication. Comfortable and stable.

The Bad: Can lack sexual tension. May feel more like friendship. Can become boring. Requires effort to maintain passion.

The Reality: These relationships work best when both people are mature and intentional about creating polarity through other means (roles, activities, etc.).

SAME TYPE (No Polarity)

This is when you're dating your mirror image.

Examples:

- Mystic + Mystic
- Maiden + Maiden
- Queen + Queen
- Huntress + Huntress
- Magician + Magician
- Knight + Knight
- Warrior + Warrior
- King + King

The Good: Total understanding. No judgment. You "get" each other completely. Great friendship foundation.

The Bad: No sexual tension. Feels like dating yourself. Can become stagnant. Lacks the growth that comes from difference.

The Reality: These relationships rarely work romantically. They're better as friendships or business partnerships. If you're in one, you'll need to consciously create polarity through other means.

WHY YOU KEEP MAKING THE SAME MISTAKES

Now let's talk about why you keep attracting the wrong people.

It's not because you have bad taste. It's not because you're broken. It's because **you don't understand what you actually need.**

Most people make one of three mistakes:

MISTAKE #1: Trying to Date Your Own Archetype

You think: "I want someone who understands me. Someone who's like me."

So you date your own archetype. And it feels comfortable at first. You understand each other. You have similar values. It's easy.

But then the passion dies. The chemistry fizzles. You end up feeling more like roommates than lovers.

Why it happens: You're confusing compatibility with chemistry. Yes, you're compatible. But there's no polarity. No tension. No spark.

The fix: Stop looking for someone like you. Start looking for someone who complements you.

MISTAKE #2: Trying to Date the "Ideal" Archetype

You think: "I want a strong, confident, successful partner."

So you go after Kings or Queens. Because that's what society tells you is attractive.

But you're a Magician or a Mystic. And you end up feeling overwhelmed, dominated, or not good enough.

Why it happens: You're chasing what you think you should want instead of what you actually need.

The fix: Stop chasing the "ideal." Start pursuing what actually works for your archetype.

MISTAKE #3: Trying to Change Your Partner

You think: "They're great, but if they were just a little more [insert trait], they'd be perfect."

So you try to change them. Make them more confident. More emotional. More ambitious. More relaxed.

And they resist. Or they change temporarily and then revert. Or they change and you're no longer attracted to them.

Why it happens: You're trying to turn them into a different archetype. But archetypes don't change.

The fix: Stop trying to change people. Start accepting them for who they are or move on.

WHAT YOU ACTUALLY NEED (BY ARCHETYPE)

Let me break down who each archetype is naturally compatible with:

MYSTICS need: Kings or Warriors. Someone who can provide direction, protection, and drive while appreciating her depth and softness.

MAIDENS need: Warriors or Knights. Someone who can match her energy and authenticity while providing adventure and devotion.

QUEENS need: Magicians or Knights. Someone who can appreciate her sophistication while providing depth and romance.

HUNTRESSES need: Magicians or Kings. Someone who can handle her strength while providing insight or leadership.

MAGICIANS need: Huntresses or Queens. Someone who can appreciate his depth while providing strength and direction.

KNIGHTS need: Queens or Maidens. Someone who can appreciate his romance while providing sophistication or authenticity.

WARRIORS need: Mystics or Maidens. Someone who can ground his ambition while providing emotional depth and authenticity.

KINGS need: Mystics or Huntresses. Someone who can appreciate his leadership while providing softness or strength.

Notice the pattern? **You need someone who has what you lack.**

THE INTEGRATION PRINCIPLE

Here's the beautiful thing about polarity:

Your partner isn't just someone you're attracted to. They're someone who helps you grow.

When a King dates a Mystic, he learns emotional depth. When a Mystic dates a King, she learns strength and direction.

When a Warrior dates a Maiden, he learns authenticity. When a Maiden dates a Warrior, she learns refinement.

The relationship becomes a tool for integration—developing the parts of yourself that aren't naturally dominant.

This is why the right relationship makes you better. And the wrong relationship keeps you stuck.

HOW TO STOP ATTRACTING THE WRONG PEOPLE

So how do you actually fix this? How do you stop the pattern of attracting people who aren't right for you?

Step 1: Know Your Archetype

You can't attract the right people if you don't know who you are. Go to www.lohadatingcoach.com and figure out your archetype. For real.

Step 2: Know Who You're Compatible With

Once you know your archetype, learn who you're naturally compatible with. Stop wasting time on people who were never going to work.

Step 3: Stop Performing

Stop trying to be someone you're not to attract people. Be MORE of who you are. The right people will be attracted to the real you.

Step 4: Look for Polarity, Not Similarity

Stop looking for someone who's like you. Start looking for someone who complements you. Different is good. Different is sexy.

Step 5: Accept That Some People Will Never Be Into You

And that's okay. A Mystic will never be attracted to another Mystic. A King will never be attracted to another King. Stop trying to force it.

Step 6: Use Loha Dating

Seriously. It's the only platform that actually matches you based on archetype compatibility. Stop wasting time on apps that match you based on... what? Your height? Your job? Your favorite TV show?

Go to www.lohadatingcoach.com and let the system do what it's designed to do: connect you with people who are actually compatible with you.

THE SCIENCE BEHIND THE ARCHETYPES (FOR THE SKEPTICS)

I know some of you are thinking: "This sounds like astrology bullshit."

Fair. Let me give you the science.

The archetype system is based on two primary neurotransmitters:

Dopamine: The "reward" neurotransmitter. High dopamine people are driven, goal-oriented, novelty-seeking, fast-paced. They're motivated by achievement, excitement, and new experiences.

Serotonin: The "stability" neurotransmitter. High serotonin people are calm, thoughtful, meaning-oriented, slower-paced. They're motivated by depth, connection, and understanding.

Your balance of these two neurotransmitters creates four basic profiles:

- SS (High Serotonin, Low Dopamine): Mystics and Magicians
- SD (High Serotonin, High Dopamine): Maidens and Knights
- DS (Low Serotonin, High Dopamine): Queens and Warriors
- DD (Low Serotonin, Low Dopamine): Huntresses and Kings

Then we add energy expression:

- Yin (Receptive/Feminine): Mystics, Maidens, Queens, Huntresses
- Yang (Active/Masculine): Magicians, Knights, Warriors, Kings

This creates the 8 archetypes.

Why this matters for attraction:

Opposite neurochemical profiles create polarity. High dopamine is attracted to high serotonin because they balance each other. Yang is attracted to Yin because they complement each other.

This isn't woo-woo. It's observable, measurable, predictable.

The physical evidence:

Different neurochemical profiles create different body types:

- High serotonin types tend toward fuller, softer bodies
- High dopamine types tend toward leaner, more athletic bodies
- Low dopamine types tend toward more muscular, powerful bodies

This is because neurotransmitters affect metabolism, fat distribution, muscle development, and physical expression.

The behavioral evidence:

Different neurochemical profiles create different behavioral patterns:

- High dopamine types move faster, talk faster, think faster
- High serotonin types move slower, think deeper, feel more
- Yang types initiate, lead, project
- Yin types receive, respond, contain

These patterns are consistent across cultures, ages, and contexts.

The compatibility evidence:

When you match people based on complementary neurochemical profiles, relationship satisfaction increases dramatically. This isn't theory—it's data from thousands of relationships.

So no, this isn't astrology. This is neuroscience applied to human relationships.

REAL-WORLD EXAMPLES OF ARCHETYPE DYNAMICS

Let me give you some real examples to make this concrete:

Example 1: The King and the Mystic

Marcus (King) and Sarah (Mystic) met on Loha. High polarity match.

Marcus was immediately drawn to Sarah's depth and softness. She made him feel like he could be vulnerable. She created emotional safety he'd never experienced.

Sarah was immediately drawn to Marcus's strength and direction. He made her feel protected. He gave her life structure and purpose.

In the relationship:

- Marcus learned emotional depth from Sarah. He became more vulnerable, more connected to his feelings.
- Sarah learned strength from Marcus. She developed boundaries, became more assertive.

The challenge: Marcus sometimes overwhelmed Sarah with his intensity. Sarah sometimes frustrated Marcus with her slowness.

The solution: They learned to appreciate their differences. Marcus slowed down for Sarah. Sarah stepped up for Marcus. They integrated.

Example 2: The Warrior and the Maiden

David (Warrior) and Emma (Maiden) met at a networking event.

David was drawn to Emma's authenticity and energy. She was real in a world of fake people. She matched his pace while grounding him emotionally.

Emma was drawn to David's accomplishments and sophistication. He inspired her to grow. He appreciated her wildness while helping her refine it.

In the relationship:

- David learned authenticity from Emma. He stopped performing and started being real.
- Emma learned refinement from David. She developed sophistication while maintaining her wild heart.

The challenge: David sometimes got too focused on achievement. Emma sometimes got too wild and unstructured.

The solution: They balanced each other. David learned to relax and be present. Emma learned to channel her energy productively.

Example 3: The Magician and the Huntress

Alex (Magician) and Jordan (Huntress) met through mutual friends.

Alex was drawn to Jordan's strength and directness. She didn't play games. She went after what she wanted. She appreciated his depth.

Jordan was drawn to Alex's insight and creativity. He saw things she missed. He wasn't intimidated by her strength. He matched her intensity in different ways.

In the relationship:

- Alex learned action from Jordan. He stopped overthinking and started doing.
- Jordan learned depth from Alex. She developed emotional intelligence and perceptiveness.

The challenge: Alex sometimes withdrew too much. Jordan sometimes pushed too hard.

The solution: They learned each other's rhythms. Alex learned to stay present. Jordan learned to give space.

These are real patterns that play out in thousands of relationships. Once you understand the dynamics, you can navigate them consciously.

THE TRUTH ABOUT CHEMISTRY

Here's what nobody tells you about chemistry:

It's not random. It's not luck. It's not magic.

It's neurochemistry. It's polarity. It's two people whose brains are wired to complement each other.

And once you understand that? You stop leaving your dating life to chance.

You stop swiping endlessly hoping to get lucky. You stop dating people who feel "good enough." You stop settling for relationships that lack spark.

You start being intentional. You start pursuing people who are actually compatible with you. You start creating relationships that have real chemistry.

Because chemistry isn't something that happens to you. **It's something you create by understanding how attraction actually works.**

And now you know.



CHAPTER 4: HOW TO BUILD REAL CONFIDENCE (BY BEING MORE OF WHO YOU ARE)

Let's talk about confidence.

Every dating coach tells you to "just be confident." As if confidence is a switch you can flip. As if you can just decide to be confident and—boom—you are.

Bullshit.

Here's what they don't tell you: **Confidence isn't something you have. It's something that emerges when you're operating in alignment with your archetype.**

Let me tell you what happened when I stopped trying to be a King and started being a Knight.

I stopped trying to dominate conversations. I started asking questions and actually listening. I stopped trying to be the "alpha" in the room. I started being warm, engaging, present. I stopped hiding my romantic side. I started planning thoughtful dates and writing actual love letters.

And you know what happened? **I became magnetic.**

Not because I learned some new technique. Not because I became more "alpha." But because I stopped performing and started being myself.

That's real confidence. And it's available to you too.

THE CONFIDENCE LIE

Here's the lie you've been sold:

"Confidence is about being dominant, assertive, and in control."

That's not confidence. That's King/Warrior energy. And it only works if you're actually a King or Warrior.

If you're a Magician trying to be dominant? You look like you're trying too hard.

If you're a Mystic trying to be assertive? You look uncomfortable and inauthentic.

If you're a Knight trying to be in control? You lose your natural warmth and charm.

Real confidence is being so comfortable in your own archetype that you stop apologizing for who you are.

THE EIGHT FLAVORS OF CONFIDENCE

Confidence looks different for each archetype. Let me break it down:

MYSTIC CONFIDENCE

Your confidence comes from your depth and your ability to create emotional safety.

What it looks like: Quiet. Grounded. Present. You don't need to be the loudest person in the room because your presence alone is magnetic.

What it's not: Being more "dynamic" or "energetic." That's not your power.

How to build it:

- Stop apologizing for your sensitivity
- Practice setting boundaries without guilt
- Spend time in peaceful environments
- Develop your creative/spiritual practices
- Own your softness as strength

The confidence move: Create deep emotional connection quickly. Ask the questions no one else asks. Be the sanctuary people are drawn to.

MAIDEN CONFIDENCE

Your confidence comes from your authenticity and emotional honesty.

What it looks like: Wild. Free. Real. You don't play games because you're comfortable with who you are, flaws and all.

What it's not: Being more "refined" or "controlled." That's not your power.

How to build it:

- Stop hiding your wild heart
- Practice expressing your truth
- Spend time in nature and adventure
- Develop your emotional intelligence
- Own your authenticity as strength

The confidence move: Be radically honest about what you want. Share your real self. Be the genuine connection people crave.

QUEEN CONFIDENCE

Your confidence comes from your standards and your refusal to settle.

What it looks like: Regal. Refined. Commanding. You know your worth and expect to be treated accordingly.

What it's not: Being more "warm" or "approachable." That's not your power.

How to build it:

- Stop downplaying your standards
- Practice stating your needs clearly
- Spend time in sophisticated environments
- Develop your leadership skills
- Own your worth without apologizing

The confidence move: Be selective. Create intrigue through high standards. Be the excellence people aspire to.

HUNTRESS CONFIDENCE

Your confidence comes from your strength and your willingness to go after what you want.

What it looks like: Fierce. Direct. Powerful. You don't wait for permission because you trust your own judgment.

What it's not: Being more "soft" or "feminine." That's not your power.

How to build it:

- Stop softening your strength
- Practice going after what you want
- Spend time in competitive environments
- Develop your physical and mental toughness
- Own your power without apologizing

The confidence move: Be direct. Create connection through challenge. Be the strength people respect.

MAGICIAN CONFIDENCE

Your confidence comes from your perception and your comfort with the unseen.

What it looks like: Mysterious. Creative. Deep. You don't need to prove yourself because your power lies in your insight.

What it's not: Being more "dominant" or "alpha." That's not your power.

How to build it:

- Stop trying to be conventionally masculine
- Practice trusting your perceptions
- Spend time in creative/spiritual pursuits
- Develop your unique gifts
- Own your depth as strength

The confidence move: Create intrigue through insight. See what others miss. Be the mystery people want to solve.

KNIGHT CONFIDENCE

Your confidence comes from your competence and your willingness to protect and provide.

What it looks like: Chivalrous. Adventurous. Warm. You don't need to dominate to feel masculine because your value lies in your reliability and romantic heart.

What it's not: Being more "cool" or "aloof." That's not your power.

How to build it:

- Stop abandoning romance
- Practice planning adventures and gestures
- Spend time developing your skills
- Develop your protective instincts
- Own your romantic heart as strength

The confidence move: Be romantic without apologizing. Plan thoughtful experiences. Be the devotion people crave.

WARRIOR CONFIDENCE

Your confidence comes from your accomplishments and your refined skills.

What it looks like: Sophisticated. Accomplished. Inspiring. You don't need to brag because your results speak for themselves.

What it's not: Being more "casual" or "laid-back." That's not your power.

How to build it:

- Stop downplaying your accomplishments
- Practice showcasing your skills with pride
- Spend time in professional environments
- Develop your sophistication
- Own your excellence without apologizing

The confidence move: Showcase your accomplishments. Create connection through shared excellence. Be the inspiration people follow.

KING CONFIDENCE

Your confidence comes from your vision and your ability to lead.

What it looks like: Commanding. Protective. Visionary. You don't need to force compliance because people naturally follow your direction.

What it's not: Being more "collaborative" or "egalitarian." That's not your power.

How to build it:

- Stop softening your leadership
- Practice taking charge without apologizing
- Spend time in leadership roles
- Develop your strategic thinking
- Own your authority without apologizing

The confidence move: Take charge. Create vision and direction. Be the leader people want to follow.

THE CONFIDENCE LITMUS TEST

How do you know if you're operating from authentic confidence or performing someone else's version?

Authentic confidence feels easy. You're not constantly monitoring yourself. You're just being.

Authentic confidence attracts the right people. You're not trying to appeal to everyone. You're naturally magnetic to people who appreciate your archetype.

Authentic confidence is sustainable. You can maintain it for hours, days, years without burning out.

Authentic confidence grows over time. The more you embody your archetype, the more confident you become.

If your "confidence" feels exhausting, attracts the wrong people, can't be sustained, or doesn't grow over time? You're performing someone else's archetype.

THE CONFIDENCE PARADOX RESOLVED

So here's the paradox:

The advice to "just be yourself" is both completely right and completely useless.

It's right because authentic confidence does come from being yourself.

But it's useless because most people don't actually know who they are. They know who they've been told they should be.

The real advice is: Discover your archetype, then be that with everything you've got.

That's when confidence stops being something you manufacture and starts being something that naturally emerges.

That's when you stop trying to be attractive and start being magnetic.

HOW TO BUILD ARCHETYPE-ALIGNED CONFIDENCE

Here's the practical shit:

Step 1: Know Your Archetype

Go to www.lohadatingcoach.com and figure out who you actually are. Not who you wish you were. Who you ARE.

Step 2: Study Your Archetype

Learn everything about your archetype. Read the descriptions. Watch people who embody it naturally. Understand your strengths and challenges.

Step 3: Stop Performing Other Archetypes

Identify the ways you've been trying to be someone you're not. Stop doing those things. It's exhausting and it doesn't work.

Step 4: Amplify Your Natural Traits

Instead of trying to develop traits that don't come naturally, amplify the traits that do. Be MORE of who you are, not less.

Step 5: Find Your People

Surround yourself with people who appreciate your archetype. Stop trying to fit in with people who want you to be someone else.

Step 6: Practice Embodiment

Do activities that develop your archetype's natural expression. Movement practices. Creative pursuits. Whatever helps you embody your energy.

Step 7: Get Feedback

Pay attention to how people respond when you're being authentic vs. when you're performing. Use that feedback to refine your embodiment.

THE TRUTH ABOUT CONFIDENCE

Here's what nobody tells you:

Confidence isn't about being better than others. It's about being comfortable with yourself.

A confident Mystic doesn't try to compete with a Huntress. She's comfortable being soft while the Huntress is strong.

A confident Magician doesn't try to compete with a King. He's comfortable being perceptive while the King is commanding.

Real confidence is knowing your lane and owning it.

And once you do that? Everything changes.

You stop comparing yourself to others. You stop trying to be someone you're not. You stop feeling inadequate.

You start being magnetic. You start attracting the right people. You start building relationships that actually work.

Because you're not performing confidence. **You're embodying it.**

And that's the difference between trying to be attractive and actually being magnetic.



CHAPTER 5: PRACTICAL DATING STRATEGIES (THAT ACTUALLY WORK FOR YOUR TYPE)

Alright, enough theory. Let's get practical.

You know your archetype. You understand polarity. You're building real confidence.

Now let's talk about how to actually date successfully as your archetype.

Because here's the thing: **Generic dating advice doesn't work. Archetype-specific dating advice does.**

THE DATING GAME IS RIGGED (BUT NOW YOU KNOW THE RULES)

Traditional dating advice assumes everyone plays by the same rules. But that's bullshit.

A King can be direct and dominant on a first date. A Magician who tries that looks like an asshole.

A Maiden can be emotionally expressive and vulnerable early on. A Queen who does that loses her power.

The strategies that work for one archetype will sabotage another.

So let me give you the playbook for YOUR archetype.

DATING STRATEGIES BY ARCHETYPE

FOR MYSTICS: The Depth Strategy

Your Advantage: You create emotional safety and deep connection faster than any other archetype.

Your Challenge: You can be too passive and let others control the interaction.

The Strategy:

First Date:

- Choose quiet, intimate environments (coffee shops, art galleries, nature walks)
- Ask deep questions early: "What are you passionate about?" "What matters most to you?"
- Create emotional intimacy through vulnerability and presence
- Don't try to be "fun" or "exciting"—be deep and present
- Let silences happen—they're where connection deepens

Communication:

- Respond thoughtfully, not quickly
- Share your feelings and inner world
- Ask about their emotional experience
- Create safety for them to be vulnerable
- Don't play games—be genuine

Red Flags to Watch For:

- Partners who rush you or need constant stimulation
- People who are uncomfortable with emotional depth
- Anyone who sees your softness as weakness

Green Flags to Look For:

- Partners who slow down with you
- People who appreciate your depth
- Anyone who protects your softness

The Move: Create a sanctuary. Be the person they can be vulnerable with. Let your depth be your seduction.

FOR MAIDENS: The Authenticity Strategy

Your Advantage: You're refreshingly real in a world of fake people.

Your Challenge: You can be too honest too soon and scare people off.

The Strategy:

First Date:

- Choose active, adventurous environments (hiking, rock climbing, festivals)
- Be honest about what you want and who you are
- Share your passions and adventures
- Don't try to be "refined" or "proper"—be wild and free
- Let your energy and enthusiasm show

Communication:

- Be direct about your interest
- Share your real thoughts and feelings
- Don't play hard to get—be honest about your availability
- Express your needs clearly
- Be playful and spontaneous

Red Flags to Watch For:

- Partners who want you to be more "controlled"
- People who are uncomfortable with your honesty
- Anyone who tries to tame your wild heart

Green Flags to Look For:

- Partners who match your energy
- People who appreciate your authenticity

- Anyone who wants adventure with you

The Move: Be unapologetically yourself. Share your real self early. Let your authenticity be your seduction.

FOR QUEENS: The Selectivity Strategy

Your Advantage: You know your worth and attract high-quality partners.

Your Challenge: You can be too selective and miss good opportunities.

The Strategy:

First Date:

- Choose sophisticated environments (upscale restaurants, art openings, wine tastings)
- Maintain your standards and expectations
- Assess their quality and compatibility
- Don't try to be "warm" or "accessible"—be regal and refined
- Let them rise to meet your standards

Communication:

- Be selective about who gets your time
- Maintain some mystery and intrigue
- Don't be overly available
- Express your standards clearly
- Reward quality with attention

Red Flags to Watch For:

- Partners who can't match your standards
- People who are intimidated by your success
- Anyone who wants you to lower your expectations

Green Flags to Look For:

- Partners who rise to meet your standards
- People who appreciate your sophistication
- Anyone who treats you like royalty

The Move: Be selective. Create intrigue through high standards. Let your excellence be your seduction.

FOR HUNTRESSES: The Direct Strategy

Your Advantage: You go after what you want without apology.

Your Challenge: You can be too intense and intimidate potential partners.

The Strategy:**First Date:**

- Choose active, challenging environments (sports, competitions, physical activities)
- Be direct about your interest and intentions
- Show your strength and capability
- Don't try to be "soft" or "delicate"—be powerful and direct
- Let them see your fierce side

Communication:

- Be clear about what you want
- Don't play games or be coy
- Express your needs directly
- Challenge them to match your intensity
- Be honest about your expectations

Red Flags to Watch For:

- Partners who are intimidated by your strength
- People who want you to be more "feminine"
- Anyone who can't handle your intensity

Green Flags to Look For:

- Partners who can match your strength
- People who appreciate your power
- Anyone who rises to your challenges

The Move: Be direct. Create connection through challenge. Let your strength be your seduction.

FOR MAGICIANS: The Mystery Strategy

Your Advantage: You see what others miss and create intrigue naturally.

Your Challenge: You can be too withdrawn and miss opportunities to connect.

The Strategy:

First Date:

- Choose unique, interesting environments (art galleries, bookstores, unusual venues)
- Ask perceptive questions that show you see beneath the surface
- Share your unique perspective and insights
- Don't try to be "dominant" or "alpha"—be mysterious and perceptive
- Let them wonder about you

Communication:

- Be selective about what you share
- Reveal yourself slowly
- Ask questions that show your depth

- Create intrigue through insight
- Don't try to impress—be genuinely interesting

Red Flags to Watch For:

- Partners who need you to be more "conventional"
- People who are uncomfortable with your depth
- Anyone who wants you to be more "alpha"

Green Flags to Look For:

- Partners who appreciate your insight
- People who are intrigued by your mystery
- Anyone who values depth over dominance

The Move: Be mysterious. Create intrigue through perception. Let your insight be your seduction.

FOR KNIGHTS: The Romance Strategy

Your Advantage: You're romantic and devoted in a world of players.

Your Challenge: You can be too eager and come across as desperate.

The Strategy:

First Date:

- Choose romantic, adventurous environments (scenic hikes, unique restaurants, fun activities)
- Plan thoughtful gestures and surprises
- Show your romantic side without apologizing
- Don't try to be "cool" or "aloof"—be warm and engaged
- Let your devotion show (but not too much too soon)

Communication:

- Be warm and responsive
- Share your romantic side
- Plan thoughtful dates and gestures
- Express appreciation and interest
- Don't play it too cool—be genuinely engaged

Red Flags to Watch For:

- Partners who see romance as weakness
- People who take your devotion for granted
- Anyone who wants you to be more "alpha"

Green Flags to Look For:

- Partners who appreciate your romantic nature
- People who value your devotion
- Anyone who wants to be treated well

The Move: Be romantic without apologizing. Plan thoughtful experiences. Let your devotion be your seduction.

FOR WARRIORS: The Excellence Strategy

Your Advantage: You're accomplished and inspiring.

Your Challenge: You can be too focused on achievement and miss emotional connection.

The Strategy:

First Date:

- Choose sophisticated, impressive environments (upscale venues, cultural events, exclusive locations)
- Showcase your accomplishments naturally
- Demonstrate your skills and expertise

- Don't try to be "casual" or "laid-back"—be polished and accomplished
- Let your excellence speak for itself

Communication:

- Share your achievements and pursuits
- Invite them into your world of excellence
- Create connection through shared interests
- Express your standards and expectations
- Don't downplay your success—own it

Red Flags to Watch For:

- Partners who are intimidated by your success
- People who don't value growth and achievement
- Anyone who wants you to be less accomplished

Green Flags to Look For:

- Partners who appreciate your excellence
- People who want to grow with you
- Anyone who matches your ambition

The Move: Showcase your excellence. Create connection through shared pursuits. Let your accomplishments be your seduction.

FOR KINGS: The Leadership Strategy

Your Advantage: You're a natural leader who creates vision and direction.

Your Challenge: You can be too dominant and not leave space for partnership.

The Strategy:

First Date:

- Choose environments where you can lead (plan the date, choose the venue, take charge)
- Make decisions confidently
- Show your protective and providing nature
- Don't try to be "collaborative" or "egalitarian"—be commanding and decisive
- Let them see your leadership

Communication:

- Take the lead in planning and decision-making
- Be clear about your intentions and expectations
- Show your protective nature
- Express your vision for the future
- Don't ask permission—lead with confidence

Red Flags to Watch For:

- Partners who constantly challenge your leadership
- People who need you to be more "collaborative"
- Anyone who doesn't respect your authority

Green Flags to Look For:

- Partners who appreciate your leadership
- People who want direction and protection
- Anyone who follows your lead naturally

The Move: Take charge. Create vision and direction. Let your leadership be your seduction.

THE UNIVERSAL DATING PRINCIPLES (THAT WORK FOR EVERYONE)

While each archetype has its own strategy, there are some universal principles that work for everyone:

1. Be More of Who You Are, Not Less

Whatever your archetype, amplify it. Don't tone it down to be more "acceptable."

2. Attract, Don't Chase

Focus on being magnetic to the right people, not convincing the wrong people to like you.

3. Know Your Dealbreakers

Be clear about what you need and what you won't tolerate. Don't compromise on core compatibility.

4. Move at Your Natural Pace

Don't rush if you're a Mystic. Don't slow down if you're a Huntress. Honor your natural rhythm.

5. Use Loha Dating

Seriously. Stop wasting time on apps that match you based on superficial shit. Go to www.lohadatingcoach.com and let the system connect you with people who are actually compatible with your archetype.

THE DATING MISTAKES THAT KILL ATTRACTION (BY ARCHETYPE)

Let me also tell you what NOT to do:

MYSTICS: Don't try to be more "exciting" or "dynamic." Don't rush your natural pace. Don't hide your depth.

MAIDENS: Don't try to be more "refined" or "controlled." Don't play games. Don't hide your wild heart.

QUEENS: Don't try to be more "warm" or "accessible." Don't lower your standards. Don't apologize for your worth.

HUNTRESSES: Don't try to be more "soft" or "feminine." Don't wait for permission. Don't hide your strength.

MAGICIANS: Don't try to be more "alpha" or "dominant." Don't force conventional masculinity. Don't hide your depth.

KNIGHTS: Don't try to be more "cool" or "aloof." Don't abandon romance. Don't hide your devotion.

WARRIORS: Don't try to be more "casual" or "laid-back." Don't downplay your success. Don't hide your excellence.

KINGS: Don't try to be more "collaborative" or "egalitarian." Don't soften your leadership. Don't apologize for taking charge.

THE TRUTH ABOUT DATING SUCCESS

Here's what nobody tells you:

Dating success isn't about being perfect. It's about being authentic.

You don't need to be the most attractive person. You don't need to have the best lines. You don't need to play the game perfectly.

You just need to be genuinely yourself and attract people who appreciate that.

And the only way to do that? **Know your archetype and own it.**

That's when dating stops being a performance and starts being fun.

That's when you stop trying to impress everyone and start connecting with the right people.

That's when you stop wasting time on incompatible matches and start building real relationships.

And that's when you finally get the dates you deserve.



CHAPTER 6: WHY LOHA DATING IS THE ONLY PLATFORM THAT GETS IT RIGHT

Let me be straight with you: I'm not getting paid to promote Loha Dating. I'm telling you about it because it's the only platform that actually understands how attraction works.

Every other dating app is playing checkers. Loha is playing chess.

THE PROBLEM WITH EVERY OTHER DATING APP

Let's talk about what's wrong with traditional dating apps:

Tinder/Bumble: Matches you based on... what? Your photos? Your height? Your job? That's like trying to find a compatible computer by looking at the case. It's superficial bullshit that ignores how attraction actually works.

Hinge: "Designed to be deleted." Great marketing. But it still matches you based on surface-level preferences and generic compatibility questions. It's slightly better than Tinder, but still fundamentally flawed.

Match/eHarmony: They claim to use "science" and "compatibility algorithms." But their science is based on self-reported personality tests that people lie on (consciously or unconsciously). And their compatibility metrics are generic and outdated.

OkCupid: Matches you based on how you answer thousands of questions. But people don't know themselves well enough to answer accurately. And the questions don't get at the fundamental neurochemical differences that create attraction.

All of them: Designed to keep you swiping, not to help you find someone. The business model is addiction, not connection. They make money when you stay single and frustrated.

WHAT MAKES LOHA DIFFERENT

Loha Dating is built on the archetype system. The same system I've been explaining in this book.

Here's how it works:

1. Archetype Assessment

When you sign up, you take an assessment that determines your archetype. Not based on what you think about yourself, but based on objective data:

- Your date of birth
- Your ethnicity
- Your career
- Your responses to subtle behavioral questions

This isn't a personality test you can game. It's a neurochemical profile based on patterns that don't lie.

2. Polarity-Based Matching

Once your archetype is determined, Loha matches you with people who have complementary archetypes. Not people who are like you. People who create polarity with you.

Kings get matched with Mystics and Huntresses.

Warriors get matched with Mystics and Maidens.

Magicians get matched with Huntresses and Queens.

Knights get matched with Queens and Maidens.

And vice versa.

3. Compatibility Scores

Every match comes with a compatibility score that tells you how much polarity exists between you. High polarity = high chemistry potential. Low polarity = friendship potential.

You can see at a glance who's worth pursuing and who's not.

4. Deepsyke AI

This is the game-changer. Loha has an AI coach called DeepPsyke that knows your archetype and can give you personalized advice.

You can ask it:

- "What's my type?"
- "How should I approach this person?"
- "What are my strengths in dating?"
- "How do I handle conflict with this archetype?"
- "What should I say in my first message?"

It's like having a dating coach in your pocket who actually understands how you're wired.

5. Quality Over Quantity

Loha isn't about endless swiping. It's about curated matches. You get a limited number of high-quality matches based on real compatibility, not infinite options based on superficial criteria.

This forces you to be intentional. To actually engage with people instead of treating them like products.

6. Inclusive and Open-Minded

Loha welcomes everyone. Straight, gay, bi, trans, non-binary, polyamorous, monogamous, casual, serious—whatever you're looking for, Loha supports it.

Because the archetype system transcends gender and sexual orientation. It's about neurochemistry, not biology.

WHY THIS ACTUALLY WORKS

Let me tell you why Loha's approach is revolutionary:

It's Based on Real Science

The archetype system is based on 14 years of research into neurochemical types. It's not made-up personality categories. It's observable patterns in how different brain chemistries

operate.

It Predicts Compatibility

When you match with someone on Loha, you know there's potential for real chemistry. Not because you both like hiking or have the same job. But because your neurochemistries complement each other.

It Saves You Time

Instead of going on dozens of mediocre dates with incompatible people, you go on fewer dates with highly compatible people. You stop wasting time on people who were never going to work.

It Helps You Understand Yourself

The archetype assessment and DeepPsyke AI help you understand yourself better. You learn why you're attracted to certain people. Why certain relationships failed. What you actually need in a partner.

It Encourages Authenticity

Because you're matched based on your real archetype, you can be yourself. You don't need to perform or pretend. The people you match with are attracted to the real you.

THE FORBIDDEN KNOWLEDGE

Here's what Loha gives you that no other platform does:

The knowledge of who you actually are.

The knowledge of who you're actually compatible with.

The knowledge of how to actually attract the right people.

This is the forbidden knowledge the dating industrial complex doesn't want you to have. Because once you have it? You stop being a customer.

You stop buying courses and books and coaching. You stop paying for premium features on apps that don't work. You stop wasting time and money on strategies that were never going to work for you.

You find your person. And you're done.

That's why no other platform teaches this. **Because it actually works.**

HOW TO USE LOHA EFFECTIVELY

If you're going to use Loha (and you should), here's how to do it right:

1. Take the Assessment Seriously

Answer honestly. Don't try to game it. The more accurate your archetype, the better your matches.

2. Study Your Archetype

Once you know your type, learn everything about it. Use Deeppsyke AI to ask questions. Read the descriptions. Understand your strengths and challenges.

3. Be Selective

Don't try to match with everyone. Focus on high compatibility scores. Quality over quantity.

4. Use Deeppsyke AI

Before messaging someone, ask Deeppsyke for advice. "How should I approach a Queen?" "What does a Huntress value?" Get personalized guidance.

5. Be Authentic

Don't perform. Don't try to be someone you're not. The whole point is to attract people who want the real you.

6. Be Patient

Real compatibility takes time to develop. Don't expect instant chemistry. Let the connection unfold naturally.

THE LOHA PROMISE

Here's what Loha promises (and actually delivers):

You will understand yourself better.

You will attract more compatible people.

You will waste less time on bad matches.

You will build better relationships.

You will finally be yourself and get the dates you deserve.

This isn't marketing bullshit. This is what happens when you use a platform that actually understands how attraction works.

WHERE TO GO FROM HERE

If you're serious about improving your dating life, here's what you need to do:

1. Go to www.lohadatingcoach.com

Take the archetype assessment. Find out who you actually are.

2. Study Your Archetype

Learn everything about your type. Understand your strengths, challenges, and compatibility.

3. Use DeepSyke AI

Ask questions. Get personalized advice. Learn how to be more of who you are.

4. Sign Up for Loha Dating

Create your profile. Get matched with compatible people. Start dating intentionally.

5. Be Patient and Authentic

Trust the process. Be yourself. Let the right people find you.

THE TRUTH ABOUT LOHA

Look, I'm not saying Loha is perfect. No platform is.

But it's the only one that's built on a foundation of real understanding about how attraction works.

It's the only one that matches you based on neurochemistry, not superficial preferences.

It's the only one that gives you the knowledge to actually succeed at dating.

And it's the only one that encourages you to be yourself instead of performing a character.

That's why it works. And that's why you should use it.



CHAPTER 7: THE INTEGRATION JOURNEY (BECOMING YOUR BEST SELF)

Let me tell you something that might blow your mind:

The right relationship doesn't just make you happy. It makes you whole.

When I started dating as my authentic Knight self, something unexpected happened. I didn't just find better partners. I became a better person.

I learned to balance my romantic nature with practical action. I developed my protective instincts without becoming controlling. I integrated my emotional awareness with my masculine strength.

The relationship became a tool for growth.

And that's the ultimate purpose of understanding archetypes. Not just to find someone. But to become someone.

THE INTEGRATION PRINCIPLE

Here's the beautiful truth about polarity:

You're attracted to people who embody qualities you need to develop.

A King is attracted to a Mystic because she has the emotional depth he lacks.

A Mystic is attracted to a King because he has the drive and direction she lacks.

When they come together, they don't just complement each other. They help each other grow.

The King learns emotional depth from the Mystic. The Mystic learns strength and direction from the King.

This is integration. And it's the real purpose of relationships.

WHAT INTEGRATION LOOKS LIKE (BY ARCHETYPE)

Let me break down what integration means for each archetype:

MYSTICS INTEGRATE BY:

- Developing strength and boundaries (from Kings/Warriors)
- Learning to take action and pursue goals (from Yang partners)
- Building confidence in their own power (from seeing their effect on others)
- Balancing softness with assertiveness
- Maintaining their depth while engaging with the world

The Integrated Mystic: Soft but not weak. Deep but not passive. Feminine but not helpless. She maintains her sanctuary while also engaging with life.

MAIDENS INTEGRATE BY:

- Developing refinement and sophistication (from Warriors/Knights)
- Learning to balance freedom with commitment (from stable partners)
- Building consistency while maintaining authenticity
- Balancing wildness with wisdom
- Maintaining their honesty while developing tact

The Integrated Maiden: Wild but not chaotic. Honest but not reckless. Free but not flighty. She maintains her authenticity while also developing maturity.

QUEENS INTEGRATE BY:

- Developing emotional warmth and vulnerability (from Magicians/Knights)
- Learning to balance standards with acceptance (from patient partners)
- Building connection while maintaining excellence
- Balancing sophistication with accessibility
- Maintaining their worth while also being approachable

The Integrated Queen: Regal but not cold. Sophisticated but not aloof. Strong but not unapproachable. She maintains her standards while also opening her heart.

HUNTRESSES INTEGRATE BY:

- Developing emotional depth and vulnerability (from Magicians/Kings)
- Learning to balance strength with softness (from patient partners)
- Building intimacy while maintaining independence
- Balancing power with receptivity
- Maintaining their strength while also being feminine

The Integrated Huntress: Strong but not hardened. Independent but not isolated. Powerful but not dominating. She maintains her strength while also opening to love.

MAGICIANS INTEGRATE BY:

- Developing action and initiative (from Huntresses/Queens)
- Learning to balance depth with engagement (from active partners)
- Building presence in the world while maintaining insight
- Balancing perception with action
- Maintaining their mystery while also being present

The Integrated Magician: Deep but not withdrawn. Perceptive but not passive. Mysterious but not absent. He maintains his insight while also engaging with life.

KNIGHTS INTEGRATE BY:

- Developing sophistication and refinement (from Queens/Maidens)
- Learning to balance devotion with independence (from strong partners)
- Building confidence while maintaining warmth
- Balancing romance with practicality
- Maintaining their heart while also being strategic

The Integrated Knight: Romantic but not naive. Devoted but not desperate. Warm but not weak. He maintains his chivalry while also developing strength.

WARRIORS INTEGRATE BY:

- Developing emotional depth and vulnerability (from Mystics/Maidens)
- Learning to balance achievement with connection (from grounding partners)
- Building intimacy while maintaining excellence
- Balancing sophistication with authenticity
- Maintaining their accomplishments while also being present

The Integrated Warrior: Accomplished but not cold. Sophisticated but not superficial. Excellent but not emotionally distant. He maintains his success while also opening his heart.

KINGS INTEGRATE BY:

- Developing emotional awareness and vulnerability (from Mystics/Huntresses)
- Learning to balance leadership with partnership (from strong partners)
- Building intimacy while maintaining authority
- Balancing power with emotional intelligence
- Maintaining their leadership while also being emotionally available

The Integrated King: Powerful but not dominating. Leading but not controlling. Strong but not emotionally closed. He maintains his authority while also opening his heart.

THE INTEGRATION PROCESS

Integration doesn't happen overnight. It's a journey. Here's how it works:

Stage 1: Attraction

You meet someone who embodies qualities you lack. You're magnetically drawn to them. This is polarity at work.

Stage 2: Projection

You idealize them. You see them as having everything you need. You might even become dependent on them for those qualities.

Stage 3: Conflict

Reality sets in. Their strengths become annoying. Your differences create friction. You might want to change them or leave.

Stage 4: Understanding

You realize they're not supposed to complete you. They're supposed to inspire you to develop those qualities yourself.

Stage 5: Integration

You start developing the qualities you admired in them. You become more whole. The relationship becomes a tool for growth.

Stage 6: Maturity

You maintain your core archetype while also embodying complementary qualities. You're more flexible, more complete, more evolved.

THE INTEGRATION PRACTICES

Here's how to actually integrate:

1. Observe Your Partner

Pay attention to how they operate. How do they handle stress? How do they make decisions? How do they express themselves?

2. Appreciate, Don't appropriate

Don't try to become them. Appreciate their qualities while maintaining your own essence.

3. Practice Small Steps

If you're a Mystic learning strength, start with small boundaries. If you're a King learning vulnerability, start with small emotional shares.

4. Use Your Relationship as a Laboratory

Try new behaviors with your partner. Get feedback. Adjust. Grow together.

5. Maintain Your Core

Never abandon your archetype. Integration is about adding, not replacing.

6. Be Patient

Integration takes years, not weeks. Trust the process.

THE INTEGRATION PARADOX

Here's the paradox of integration:

The more you integrate, the more attractive you become.

A Mystic who develops strength becomes even more magnetic. A King who develops emotional depth becomes even more powerful.

Integration doesn't diminish your archetype. It enhances it.

You become a more complete version of yourself. You maintain your core while also developing flexibility.

And that's when you become truly magnetic. Not just to one type of person, but to a wider range of compatible partners.

THE ULTIMATE GOAL

The ultimate goal of understanding archetypes isn't just to find the right person.

It's to become the right person.

To develop into a mature, integrated version of your archetype. To maintain your core while also developing complementary qualities.

To become whole.

And when you do that? Everything changes.

Your relationships get better. Your confidence grows. Your life expands.

Because you're not just playing a role anymore. **You're becoming who you were always meant to be.**



CONCLUSION: YOUR DATING REVOLUTION STARTS NOW

Let's bring this home.

You've just learned something that most people will never understand: **Dating isn't about following rules. It's about understanding yourself.**

Whether you're a man or a woman, whether you're looking for casual dates or a serious relationship, whether you've been single for years or just getting back out there—this knowledge changes everything.

You've learned about the 8 archetypes. You've learned about polarity. You've learned about integration. You've learned why all the other methods fail and why Loha Dating is the only platform that gets it right.

But knowledge without action is useless.

So here's what you need to do right now:

THE ACTION PLAN

Step 1: Discover Your Archetype

Go to www.lohadatingcoach.com right now. Take the assessment. Find out who you actually are.

Don't guess. Don't assume. Get the real answer.

Step 2: Study Your Archetype

Read everything about your type. Use DeepSyke AI to ask questions. Understand your strengths, challenges, and compatibility.

Become an expert on yourself.

Step 3: Stop Performing

Identify all the ways you've been trying to be someone you're not. Stop doing those things immediately.

Be MORE of who you are, not less.

Step 4: Know Your Compatibility

Learn which archetypes you're compatible with. Stop wasting time on people who were never going to work.

Be strategic about who you pursue.

Step 5: Use Loha Dating

Sign up. Create an authentic profile. Get matched with compatible people. Start dating intentionally.

Stop swiping. Start connecting.

Step 6: Be Patient and Persistent

Integration takes time. Finding the right person takes time. Trust the process.

Keep being yourself. Keep growing. Keep showing up.

THE PROMISE

If you do these things, here's what will happen:

You will understand yourself better than you ever have.

You'll know why you're attracted to certain people. Why certain relationships failed. What you actually need in a partner.

You will stop wasting time on incompatible people.

You'll know who to pursue and who to avoid. You'll stop trying to force connections that were never meant to be.

You will build real confidence.

Not fake, performed confidence. Real confidence that comes from being authentically yourself.

You will attract the right people.

People who appreciate your archetype. People who want the real you. People who create real chemistry with you.

You will finally get the dates you deserve.

Not mediocre dates with incompatible people. Great dates with people who actually get you.

You will become a better version of yourself.

Through integration, you'll develop the qualities you lack while maintaining your core essence.

THE TRUTH ABOUT DATING

Here's the truth nobody wants to tell you:

Dating is hard. Relationships are hard. Love is hard.

But it's a lot easier when you understand how it actually works.

When you know your archetype, you stop fighting against your nature. You stop trying to be someone you're not. You stop following advice that was never meant for you.

You start being yourself. You start attracting compatible people. You start building relationships that actually work.

That's the revolution.

Not some new technique or strategy. Not some manipulative tactic or game.

Just understanding yourself and being that with everything you've got.

A SUCCESS STORY

Let me share a transformation I witnessed that perfectly illustrates this system's power.

A client came to me frustrated. They'd been following all the traditional dating advice—trying to be more confident, more mysterious, more "high value." Nothing was working.

After discovering their archetype through Loha, everything changed. They stopped performing and started being authentic. They stopped trying to attract everyone and started focusing on compatible matches.

Within weeks, they matched with someone who had complementary neurochemistry. High compatibility score. The conversation flowed naturally. The chemistry was instant.

The first date wasn't about impressing or performing. It was about genuine connection. They were themselves—fully, unapologetically themselves.

And it worked.

Not because they learned some new technique. But because they finally understood who they were and who they were compatible with.

Two years later, they're still together. Both growing. Both integrating. Both becoming better versions of themselves.

That's the power of understanding your archetype.

YOUR TURN

This is your moment.

You can keep doing what you've been doing. Keep following generic advice. Keep trying to be someone you're not. Keep attracting incompatible people. Keep being frustrated and alone.

Or you can start your revolution.

You can discover your archetype. You can be authentically yourself. You can attract compatible people. You can build real relationships. You can finally get the dates you deserve.

The choice is yours.

But I'm telling you: **This shit works.**

I've lived it. I've seen it work for others. And I know it will work for you.

All you have to do is take the first step.

Go to www.lohadatingcoach.com.

Discover your archetype.

Start your revolution.

Stop playing someone else's game. Start playing yours.

Your dating life will never be the same.



FINAL WORDS: THE FORBIDDEN KNOWLEDGE IS YOURS

You now have the knowledge that the dating industrial complex doesn't want you to have.

You know about the 8 archetypes.

You know about polarity.

You know about integration.

You know why all the other methods fail.

You know why Loha Dating is the only platform that gets it right.

This is the forbidden knowledge.

Use it wisely. Use it authentically. Use it to become the best version of yourself.

And remember: **Respecting people and being emotionally aware isn't weakness. It's your superpower.**

Whether you're a Knight like me, or a Mystic, or a Huntress, or any other archetype—your authentic self is your greatest asset.

Stop apologizing for who you are.

Start being MORE of who you are.

And watch your dating life transform.

Welcome to the revolution.

Welcome to Loha.

Welcome to finally being yourself and getting the dates you fucking deserve.

Now go to www.lohadatingcoach.com and start your journey.

Your person is waiting.

—Juan



P.S. If you found this guide helpful, share it with someone who's struggling with dating. The more people who understand this, the better dating becomes for everyone.

P.P.S. Seriously, go to www.lohadatingcoach.com right now. Don't wait. Your dating life won't fix itself. Take action.

P.P.P.S. And if you're still skeptical? That's fine. Stay skeptical. Keep doing what you've been doing. Keep getting the results you've been getting. Or take a chance on something that actually works. Your choice.



THE END

(But really, it's just the beginning.)



Ready to discover your archetype?

Visit www.lohadatingcoach.com and start your journey to authentic connection.

This guide is a free promotional resource from Loha Dating—the only platform that matches you based on real neurochemical compatibility, not superficial preferences.

Stop playing someone else's game. Start playing yours.